

HIGH RISK ALCOHOL CONSUMPTION IN ONTARIO

Alcohol Consumption

LET'S *DECREASE* THIS NUMBER

7.3

litres of absolute alcohol per year
per person aged 15+



LET'S *DECREASE* THESE NUMBERS

Self-Reported

- 14% males and females who exceeded the Low-Risk Alcohol Drinking Guidelines, monthly
- 8% males and females who exceeded Low-Risk Alcohol Drinking Guidelines, weekly
- 18% report hazardous or harmful drinking (among drinkers)
- 6% report symptoms of alcohol dependence



Behavioural Counselling

3%

of drinkers have a relative, friend, doctor or health worker who expressed concern about their drinking in the last 12 months

Awareness of Risk

LET'S *INCREASE* THIS NUMBER

21%

have heard about Canada's "Low-Risk Alcohol Drinking Guidelines"



Alcohol Price

LET'S *INCREASE* THESE NUMBERS

Minimum Price of Off-premise Alcohol
(Off-premise refers to liquor, beer or wine stores)

Range from \$1.07 (coolers) to \$1.36 (spirits) per standard drink

LET'S *INCREASE* THESE NUMBERS

Minimum Price of On-premise Alcohol
(On-premise refers to restaurants, bars and clubs)

Range from \$2.00 (coolers, beer, wine) to \$3.00 (spirits) per standard drink

LET'S *DECREASE* THESE NUMBERS

Density of On- and Off-premise Outlets
(Alcohol density has been linked with alcohol-related harm)

15.12
per 10,000

density of on-premise outlets

1.63
per 10,000

density of off-premise outlets



For more information and full references, see: www.ocdpa.ca

Data is for adult population 18+ years unless otherwise noted.

October 2016